2026

NOVEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 Falls Prevention Month Begins! Take our quiz to win a priz!	3	4 Scan me to learn about Falls and enter to win a prize!	5	6 Listen to K103.7 at 12pm to hear about Fall Prevention for Infants, Children, Teens and Young adults	7
8	9 Stronger Roots, Steady Steps!	10 Scan me to register for the scavenger hunt	11	12 Come to the KMHC main lobby to spin the wheel and win! Community Scavenger Hunt begins!	13 Community Scavenger Hunt Be sure to follow the rules!	14 Community Scavenger Hunt
15 Community Scavenger Hunt- Deadline to Submit	16	17 Scan the checklist to access your scavenger hunt sheet.	18	19 Are you safe from falls at home? Check out our Facebook Page for a falls checklist to find out!	20	21
22	23	24	25 If you're at KMHC, be sure to watch the TV screens to learn about falls	26	27	28
29						