



# Tsi Tehsakotitsèn:tha Kateri Memorial Hospital Centre

Established 1905

## **INFORMATION DOCUMENT FOR YOUR VIABILITY ULTRASOUND EXAMINATION**

### **TO-DO LIST:**

- ⇒ Please bring a valid RAMQ card. If you do not have one, please advise the receptionist upon booking your appointment.
- ⇒ Arrive 10 minutes before your scheduled time.
- ⇒ You may take all your medication regularly before and after the exam, unless otherwise indicated by the technologist.

### **VIABILITY ULTRASOUND PREPARATION:**

- *Less than 14 weeks pregnant:* 2 hours before the exam, drink 25 ounces/750ml of water within a 30-minute window. Do not urinate as to keep a full bladder.
- *More than 14 weeks pregnant:* Our facilities are unable to perform this exam

**\*\*\* This exam may or may not include an Endovaginal portion. If you have any concerns about this part of the exam, please tell the technologist. \*\*\***

### **UPON ARRIVAL TO YOUR APPOINTMENT:**

- ⇒ Please be advised that you will have to change into a gown for your ultrasound examination.
- ⇒ You will be instructed on which garments to remove, depending on the specific exam you are having.
- ⇒ There will be direct contact between your skin and ultrasound gel. If you have any known allergies to gel, please let the technologist know.
- ⇒ The technologist **CANNOT** give you results. The requesting physician will get the results from a radiologist and should provide them to you.

### **ADDITIONAL NOTES:**

- All patients (14 years and older) will be given a private pre-assessment, and then one additional person may accompany them into the room during the exam.
- Please plan for the supervision of children who cannot enter the room during the exam.

For questions, concerns, or to reschedule, please call the Medical Imaging reception desk: 450-638-3930 ext. 6.

**Nia:wen – Thank you**

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