



# Tsi Tehsakotitsèn:tha Kateri Memorial Hospital Centre

Established 1905

## **INFORMATION DOCUMENT FOR YOUR ABDOMINAL ULTRASOUND EXAMINATION**

### **TO-DO LIST:**

- ⇒ Please bring a valid RAMQ card. If you do not have one, please advise the receptionist upon booking your appointment.
- ⇒ Arrive 10 minutes before your scheduled time.
- ⇒ You may take all your medication regularly before and after the exam, unless otherwise indicated by the technologist.

### **ABDOMINAL ULTRASOUND PREPARATION:**

- For adults: Fasting from midnight
- For children:
  - ⇒ Under 3 months old: no preparation
  - ⇒ 3-12 months old: fasting 3 hours
  - ⇒ 1-5 years old: fasting 4 hours
  - ⇒ 6 years and older: fasting from midnight
- You may have water and your medications (if they do not require food)
- No chewing gum while fasting

### **NOTE:**

- Abdominal exams will most likely be booked in our morning slots so as to avoid a very long fasting period. **Upon making the appointment, please tell the receptionist if you are diabetic** and if so, please bring an unopened juice box/bottle to your appointment.

### **UPON ARRIVAL TO YOUR APPOINTMENT:**

- ⇒ Please be advised that you will have to change into a gown for your ultrasound examination.
- ⇒ You will be instructed on which garments to remove, depending on the specific exam you are having.
- ⇒ There will be direct contact between your skin and ultrasound gel. If you have any known allergies to gel, please let the technologist know.
- ⇒ The technologist **CANNOT** give you results. The requesting physician will get the results from a radiologist and should provide them to you.

### **ADDITIONAL NOTES:**

- All patients (14 years and older) will be given a private pre-assessment, and then one additional person may accompany them into the room during the exam.
- Please plan for the supervision of children who cannot enter the room during the exam.

For questions, concerns, or to reschedule, please call the Medical Imaging reception desk: 450-638-3930 ext. 6.

P.O. Box 10, Kahnawake, QC J0L 1B0

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[www.kmhc.ca](http://www.kmhc.ca)