



Tehshakotitsén:tha Kateri Memorial Hospital Centre

Established 1905

PSA: Influenza Outbreak at KMHC Long-Term Care

For immediate release

(Kahnawake – 21, Enniskó:wa/March 2025) Tehsakititsén:tha Kateri Memorial Hospital Centre would like to inform the community that the hospital is experiencing an outbreak of Influenza A. Three (3) cases have been identified in long term care on Units 1 & 2.

Cases were first confirmed on **2025-03-19**.

Residents in Long-Term Care (LTC) **are doing well and the confirmed cases are being well managed.**

Temporary Measures

The hospital will **continue to offer regular services, however we kindly ask that visitors please wear masks in the hospital.** If you have symptoms of Influenza, please do not visit loved ones in LTC.

Symptoms include:

- sudden fever, either:
 - between 38°C and 40°C (between 100.4°F and 104°F), in children,
 - between 39°C and 40°C (102°F and 104°F) in adults;
- sudden cough;
- sore throat;
- muscle or joint pain;
- extreme fatigue;
- headaches.
- nausea, vomiting, diarrhea, and abdominal pain may also occur in some cases

KMHC is committed to advancing the health of its clients and we appreciate your participation by following these procedures to keep our community safe. It is important that we work together to stop the spread of Influenza by **wearing masks, washing hands regularly, staying up-to-date with vaccinations, and delaying visits with loved ones.**

Vulnerable Population

P.O. Box 10, Kahnawake, QC J0L 1B0
Tel: 450-638-3930 Fax: 450-638-4634
www.kmhc.ca

Those at-risk of adverse health reactions to Influenza are:

- Elders
- Pregnant women
- Children, especially under 2
- People with immune suppressing conditions

Resources

For more information consult <https://www.quebec.ca/sante/problemes-de-sante/grippe-rhume-et-gastro/grippe-influenza>. The information is available in English. If you are unsure of what to do you can contact 811.

Niá:wen for your understanding.

For more information, please contact:

Simona Rosenfield, Communications & Public Relations Officer

Kateri Memorial Hospital Centre

450-638-3930 ext. 2286 or simona.rosenfield.kahnawake@ssss.gouv.qc.ca