



NOTHING IS REQUIRED TO PARTICIPATE

All people who are part of the Québec Health Insurance Plan are automatically part of the QHR.

YOU CAN:

- **know who has had access to your information.**

The QHR keeps a record of all the instances when your information is accessed. Therefore, you can know, upon request and free of charge, who has seen your information and when it was seen;

- **consult**, upon request and free of charge, the **information concerning you that is accessible** to authorized professionals and obtain a copy upon request (copy fees may apply);

- **obtain a copy of the information concerning you that is collected** by the QHR (copy fees may apply);

- ask that incorrect, incomplete, or ambiguous information be rectified; send your comments and make a complaint.

YOU ALSO HAVE THE RIGHT TO:

- **refuse** access to your information.

The QHR is a precious tool for doctors and for health care professionals. However, **you can refuse to participate** in it. Your refusal will have the effect of rendering your information inaccessible.

Even if you refuse to participate, information concerning you will be collected by the QHR. Under certain conditions, this information may be used for analysis and research purposes in which case it wouldn't be possible to connect the given information to you or to any other person in particular.

If you refuse, you will have the possibility to indicate an end date on your refusal. If you indicate an end date, only the information collected after that date will be available for consultation. If you do not indicate an end date, your refusal will be active for an indefinite period.

TO SHOW YOUR REFUSAL OR CHANGE YOUR DECISION:

- ▶ Make sure to have your Health Insurance Card on hand;
- by Internet, fill out the secure refusal form found on the site <https://refus.dossierdesante.gouv.qc.ca>
- by mail, fill out the attached refusal form and send it to the given address;
- by telephone, contact Services Québec at 514 644-4545, at 418 644-4545 or at 1 877 644-4545 (toll-free). For those who are hard of hearing or mute (ATS, toll-free): 1 800 361-9596.

At any time, you may cancel your refusal, add an end date or modify the end date that was initially indicated. You may also decide to stop participating in the QHR by indicating your refusal.

Whatever your decision, you will always receive the health care and services that you are in need of.

TO FIND OUT MORE about the **QHR** and its implementation in Québec or in your region, consult the site www.dossierdesante.gouv.qc.ca or contact Services Québec at **514 644-4545**, at **418 644-4545** or at **1 877 644-4545** (toll-free). For those who are hard of hearing or mute (ATS, toll-free): **1 800 361-9596**.



GOOD NEWS!

The Québec Health Record will soon be everywhere in Québec!

STARTING IN THE SUMMER OF 2013,

the Québec Health Record (QHR) will be progressively put into place everywhere in Québec. Every person who is a part of the Québec Health Insurance Plan may be part of the QHR as pharmacies, clinics, and health care facilities become connected to it.



THE QUÉBEC HEALTH RECORD

The QHR is a **tool available to doctors and health care professionals**. Wherever they are in Québec, they will be able to see, on a computer screen, **essential information regarding the health** of their patients. This way, they will be able to intervene more rapidly and to ensure quality monitoring to their patients.

BENEFICIAL FOR ALL

The QHR is there to **improve the quality of care**. It is beneficial for you, those close to you, and for health care professionals.

FOR YOU AND FOR THOSE CLOSE TO YOU

- Faster interventions, especially in emergency situations.
- Less errors and unwanted reactions as the professionals responsible for your care will be able to see the medications prescribed to you on a screen, no matter which doctor prescribed them to you or which pharmacy you got the prescriptions from.
- Access to your health information from anywhere in Québec, which will be very useful if you must consult several professionals in different health care facilities or in a region other than your own.
- Possibly less tests to re-do as the professionals will be able to consult the results of your past tests, even if they were done in another health care facility or asked for by another professional.
- Better monitoring by the doctor and professionals.

FOR HEALTH CARE PROFESSIONALS

- Rapid access to all of the medications prescribed to their patients and to the results of their tests.
- Better monitoring of patients.
- Less time devoted to requests for and the searching of files.
- More time to meet with patients.



HEALTH INFORMATION COLLECTED BY THE QHR*

Only health information that has been determined to be essential for frontline services will be collected by the QHR.



prescribed medications that were obtained from a Québec pharmacy



lab results from analyses that were done in Québec



the results of medical imaging exams (X-rays, scans, MRIs, etc.) that were done in Québec



vaccinations administered in Québec



hospital summaries that were done by the attending doctor after a hospitalization in Québec



allergies and intolerances

This information will **gradually be made accessible** as pharmacies, clinics, and health care facilities in Québec become connected to the QHR.

Information about medications will, in general, be the first information made available. The results of lab analyses and medical imaging exams that are done in within the public network will come next. Other information will be made available later on.

To find out **what information is accessible in your region**, consult the Website: www.dossierdesante.gouv.qc.ca.



YOUR INFORMATION IS CONFIDENTIAL

The information collected by the QHR is confidential. **Only authorized people who have the requisite access rights may see the information within the context of a consultation, a treatment, or another health service.**

The following people may be authorized to consult the QHR if they have the required access rights:

doctors, nurses, pharmacists, midwives, medical archivists, biochemists, auxiliary nurses, microbiologists, medical and pharmaceutical residents and interns, as well as people who have the role of giving technical support to doctors and pharmacists.

Access rights are granted to these people according to their professional role. **Some people with authorization have access to some of the information, while others have access to all the information.**

For example: your doctor will have access to all your information, while the microbiologist will only have access to the results of your lab analyses and to the list of your medications.

EXAMPLES OF INFORMATION THAT IS NOT COLLECTED BY THE QHR:

- personal and family histories;
- social worker reports;
- surgeries, interventions, or treatments that were done in the past;
- the progress notes of doctors, nurses, and other health care professionals;
- electrocardiograms;
- minor surgeries that were done in a clinic;
- treatments received in outpatient clinics.

DO NOT CONFUSE THE QHR WITH:

- a complete medical file;
- personal medical files – paper or electronic – which are found in doctors' offices, hospitals, or in pharmacies;
- a chip card.

* As planned by the Act respecting the sharing of certain health information.