

Community Advisory

Thursday, July 4, 2013

Smoke Alert

Due to the forest fires in northern Quebec, the air quality in south-western Quebec, including Kahnawake, has been affected.

It is therefore recommended that anyone with heart or lung problems to remain indoors as much as possible. If you have any lung problems including COPD, and asthma, it is also recommended if you go outdoors, don't do any intense physical activity.

As a preventative action, be sure that you have the necessary medications including puffers to treat any breathing problems.

If you have any questions, please feel free to contact the Community Health Unit at (450) 638-3930 Extension 212 or call Info-Santé at 811.